MEETING MINUTES
VENETIAN COMMUNITY DEVELOPMENT DISTRICT
Pool and Fitness Advisory Committee Meeting
April 16, 2018
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Members:
Joy Wolf, Chair
Peggy Palmer, Co-chair
Dick Foster, Secretary
Gwen Mengel, Member
Tisha Washington, Member
Mary Ann (Max) McGee, Member
Gus Mantia, Member
Boris Yoffe, Member

Management:
Scott Kissell, River Club Manager
Charlie Sandomenico, Director of Tennis and Fitness
Harry Orenstein, VCDD Board

1. Call to Order/ Roll Call/Establish Quorum
   a. Meeting was called to order April 16, 2018 at 2:00 pm.
   b. Quorum was established; all 8 committee members were present.

2. Additions and Adjustments to Agenda
   a. Meeting agenda reviewed, and additions made.

3. April VCDD Board Meeting Representation
   a. Gwen Mengel will represent the Pool and Fitness Committee at the April 23 VCDD Board meeting.

4. Resident Input
   No residents were present.

5. VCDD Board Update / Harry Orenstein
   a. Wild hogs are damaging residential property, common grounds, and golf course property. A joint meeting of the VCDD, Venetian POA, and Golf Club management will be scheduled to discuss solving this problem.
   b. VCDD Board will soon be working on the 2018-2019 “not to exceed” budget.
   c. Two VCDD Board seats will be up for election in November.
   d. Golf Club members continue to explore the purchase of the Golf Course property.
   e. Lennar is in the process of finalizing transfer of ownership of remaining property in residential areas to the VCDD.
   f. Committee members and Mr. Orenstein discussed ideas and concerns for potential use of the Welcome Center if purchased by the VCDD. The final list of input from the Pool and Fitness Committee to the VCDD are included at the end of these minutes.

6. Management Update / Scott Kissell and Charlie Sandomenico
   a. Intro to Yoga Class
      • Mgr. Sandomenico reported that 27% of those who participated in the 3 Intro to Yoga classes earlier this year are now participating the “regular” Yoga classes.
      • The next Intro to Yoga class is scheduled for April 23.
      • The Committee requested that Mgr. Sandomenico schedule a series of 3 or 4 weekly Intro to Yoga classes in November instead of just one class per month.
b. A new Fitness for Golfers class has been postponed until later in the year.
c. New Meditation Classes will be coming soon.
d. Fitness class participation
   - 92 unique users participated in fitness classes last week compared to 121 unique users in 2016 when there was no fee for fitness classes.
   - No numbers for participation in March fitness classes. Mgr. Sandomenico will provide April numbers at the May Committee meeting.
   - Moderate participation in the new TRX and 20/20/20 fitness classes.
   - Discussed proposed May fitness class schedule, which is nearly identical to last year’s schedule. Committee expressed desire to make changes and offer new or revised classes.
   - Discussed having the fitness staff help promote classes and provide ideas to increase participation. Mgr. Sandomenico will invite Lauren to the May Committee meeting to discuss ideas for new classes, how to promote existing classes, and other ways to increase participation.
e. New Rower for the Gym
   - Mgr. Kissell plans to request approval at the May VCDD Board meeting to purchase a new rower for the gym, which was previously recommended by the Pool and Fitness Committee.
f. Pickleball courts update
   - Mgr. Kissell has a proposed site plan for pickleball courts at the River Club, and he is currently obtaining cost information. A pickleball demonstration is planned for the April 23 VCDD Board meeting.
g. Pool Monitor – Mgr. Kissell
   - Mgr. Kissell reported that the Facilities Committee discussed concerns about people reserving chairs and having drinks within 4 feet of the pool. They requested that the Pool and Fitness Committee consider the need for a full-time Pool Monitor from November to March. Mgr. Kissell estimated the cost at about $10,000.
   - Mgr. Kissell reported that 20 chairs at the pool are being refurbished.
h. River Club Renovation – Mgr. Kissell
   - VCDD Board will be discussing contract for the renovation project at their April 23 meeting.
   - The swimming pools, Tiki Bar, and tennis courts will remain open during the renovation.
   - The aerobics room, gym, locker rooms, and tennis shop will be closed for about one week for painting.
   - Renovations are expected to start in July and take 2 months.
i. Gym modifications – Mgr. Kissell
   - One of the water fountains has been moved from the hallway outside the gym to inside the gym. Bottled water has been removed from the gym.
   - Wall mounted oscillating fans were installed in the gym but were too large for the room and made too much noise. Smaller fans have been ordered and will be installed soon.
j. Sign-up board at the lap pool
   - At the request of the Pool and Fitness Committee, Mgr. Sandomenico will add a sign-up board at the lap pool by the end of April 2018.
k. Comments dropped in “comment box”
   - Resident likes the bookshelf now located next to the water fountain outside the gym.
• Complaint that the towel dispenser in the gym is “always” empty. Mgr. Sandomenico will have it checked regularly and refilled as needed.
• Complaint that the heart monitor on some treadmills are not working or display the wrong reading. Mgr. Sandomenico acknowledged that this is a known issue. May need to put a notification on the machines that the heart monitors are not working properly.

7. Business Administration
   a. Consideration of minutes from prior Committee meeting
   • Mary Ann (Max) McGee moved, and Tisha Washington seconded, to approve the March 19, 2018 committee meeting minutes without changes.

8. New Business Requests and Comments
   a. Fitness on Demand customer experience manager, Beth Banhy
   • Beth Banhy joined the meeting via telephone for a lengthy discussion of the Fitness on Demand (FOD) system.
   • Purpose of the call was to understand which FOD classes best suit our residents, discuss ideas to promote participation in FOD classes, and suggestions about how FOD classes can compliment our instructor-led fitness classes.
   • Mgr. Sandomenico recently discovered that the FOD system can be setup such that residents can select a FOD class from a list of classes displayed on the FOD kiosk monitor. When the aerobics room is not in use, residents could select a FOD class that would be projected onto the big screen, so they can take the class. Mgr. Sandomenico prefers that residents contact him or a staff member to make sure the aerobics room will be available for the full time required for the FOD class.
   • Our base FOD subscription includes 302 classes. One concern is that most of these classes are too “advanced” for most VGRC residents. Ms. Banhy has provided Mgr. Sandomenico with a list of recommended classes that she feels would be appropriate for our residents. Unfortunately, that list is short.
   • Ms. Banhy indicated that an “Easy Does It” channel with additional classes is available for $5/month subscription fee. Other add-on channels are available for additional subscription fees of up to $25/month. Committee members were disappointed about the cost for additional classes. Ms. Banhy said there is no option to swap out some of the 302 current classes for classes from the add-on channels.
   • Ms. Banhy pointed out that our subscription does include several 4-minute and 9-minute stretching classes, which committee members think could be used before the start of our instructor-led classes. This would both help participants prep for the instructor-led class and introduce participants to the FOD capabilities.
   • The FOD website contains marketing materials to promote the FOD classes, and Mgr. Sandomenico has used some of them.
   • Committee members were asked to review marketing materials and class information on the FOD website (www.fitnessondemand247.com) and to review FOD classes from the kiosk in the aerobics room for further discussion at the May committee meeting.
   • Discussion postponed.
c. Committee members’ suggestions for a new fitness survey
   • A brief discussion about the purpose of the survey, which is to get updated resident input.
   • Committee members asked to review responses from last year’s River Club survey and be prepared to discuss new fitness survey at the May committee meeting.

d. Trash at the Pool and Recycling
   • Gwen Mengel reported that there is often trash on the ground in the pool area early in the morning. The trash containers are not always emptied each night. Mgr. Sandomenico will follow-up with staff to resolve this issue.
   • Discussion about switching to biodegradable products for food and drinks served at the Tiki Bar.

e. Shower chair needed in the women’s locker room. Mgr. Sandomenico will resolve.

9. Adjournment
   • Motion made and passed to adjourn at 4:02 pm.

Next committee meeting is May 21, 2018 at 2:00pm.
Pool and Fitness Committee Discussion of Potential Uses of Welcome Center if Purchased by VCDD

On February 19, March 19, and April 16, 2018, the Pool and Fitness Advisory Committee discussed potential uses of the Venetian Welcome Center, if purchased by the VCDD. The committee agreed to make the following comments and ideas to the VCDD Board.

Concerns expressed:
- Cost to purchase and renovated Welcome Center including the addition of locker rooms
- Cost to operate and maintain facility
- Fitness center would be separated from the pool area
- Consider expanding the River Club instead of purchasing and renovating the Welcome Center to consolidate amenities at a single location and perhaps reducing management costs.
- Consider demolishing of the Welcome Center building and use the land for pickleball courts, dog park, community garden, composting area, etc.
- Conduct survey of residents before any purchase is finalized

Here is a list of ideas discussed, in no specific order.
- Exercise room/gym with more space than current exercise room for existing equipment and additional equipment.
- Aerobics studio
- Game room with billiards, ping pong, etc.
- Room/s for card games – bridge, mahjong, etc.
- Library/reading room
- TV room
- Meeting room/s for residents, VCDD, POA, Community Association and rent to outside groups
- Auditorium/room with stage for presentations, shows and special events
- Small kitchen area to support events
- Add spin room for spinning classes
- Classrooms

Revenue generating options.
- Fitness membership to non-residents for a fee
- Room/s for physical therapist, massage therapist, and others
- Office space/office hub for rent to outside groups, such as accountants, government agency, and small businesses.
- Rent meeting space to outside groups
- Coffee shop
- Delivery lockers