MEETING MINUTES  
VENETIAN COMMUNITY DEVELOPMENT DISTRICT  
Pool and Fitness Advisory Committee Meeting  
June 18, 2018  
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Members:  
Joy Wolf, Chair  
Peggy Palmer, Co-chair  
Dick Foster, Secretary  
Gwen Mengel, Member  
Mary Ann (Max) McGee, Member  
Boris Yoffe, Member  
Tisha Washington, Member/absent  
Gus Mantia, Member/absent

Management:  
Charlie Sandomenico, Director of Tennis and Fitness  
Harry Orenstein, VCDD Board

1. Call to Order/ Roll Call/Establish Quorum  
   a. Meeting was called to order June 18, 2018 at 2:02 pm.  
   b. Quorum was established; 6 of 8 committee members were present.

2. Additions and Adjustments to Agenda  
   a. Meeting agenda reviewed, and additions made.

3. July VCDD Board Meeting Representation  
   a. Boris Yoffe will represent the Pool and Fitness Committee at the next VCDD Board meeting.

4. Resident Input  
   No residents were present.

5. VCDD Board Update / Harry Orenstein  
   a. Search for new River Club manager is underway by Vision Golf Management Company. The manager is employed by Vision and approved by the VCDD.  
   b. The VCDD “TRIM” (not to exceed) budget has been approved with a nominal increase in fees.  
   c. Discussion is underway to form a new Landscape Committee reporting to the VCDD.  
   d. There has been discussion about combining the Pool and Fitness Committee with the Tennis Committee to simplify liaison with VCDD. Several committee members are not in favor of this proposal.

6. Management Update / Charlie Sandomenico  
   a. New Rower for the Gym  
      - Acquisition of the new rower was discussed at the last VCDD meeting; however, no action was taken. Mr. Orenstein reported that the reserve fund has monies for fitness equipment upgrades. Mr. Orenstein suggested that Mgr. Sandomenico speak with VCDD Chairman Jerry Jackson about moving forward with the rower purchase since funding is included in the reserve fund. The committee has requested this purchase for the past several months. The committee asked Mgr. Sandomenico to follow-up on this request.  
   b. Elliptical machine has been repaired.  
   c. Several heart rate monitors on treadmills are not working. Mgr. Sandomenico to contact vendor.  
   d. Staff is regularly checking the towel dispenser in the gym to keep it from running out.  
   e. Display Top 20 Fitness on Demand (FOD) Classes at kiosk
• Mgr. Sandomenico reported that it is not possible to limit the FOD classes displayed at the kiosk. However, there are “filters” that can be selected to narrow the selection of available classes.

• Mgr. Sandomenico has added a new “generic” video to the River Club website that explains how to use the FOD kiosk to select classes. He plans to create a custom video for our residents.

g. Summary of Interclub Fitness Meeting
• Mgr. Sandomenico participated in an inaugural meeting of fitness directors from clubs in the area. The group has 12 members and the purpose is to share ideas and experiences (good and bad). Four members attended the meeting. The next meeting will be held in August.

g. Lap pool sign ups
• Mgr. Sandomenico discussed the new lap pool sign up sheet. Not everyone is using it, and Mgr. Sandomenico has received many negative comments about the sign-up sheet. The staff will monitor signups.
• People need to share swimming lanes, but many people do not want to share and/or do not know how to properly share lanes. Mgr. Sandomenico discussed how to share lanes and will post information explaining how to share lanes.
• When busy, walkers should share lane 3 (furthest from building).
• When busy, swimmers should share in lanes 1 and 2 (closest to building).

h. Fitness class participation
• 43 unique users participated in fitness classes last week.

i. Comments dropped in “comment box”
• Complaint about new location of towel dispenser in the gym. Dispenser was moved when water fountain was installed inside the gym.
• Changes to some fitness classes requested. Mgr. Sandomenico will review and consider.
• Recommendation to install an organizer in the aerobics studio closet. Mgr. Sandomenico plans to work on this during the River Club renovation this summer.

j. “Let’s Get Fit” weekly newsletter
• Peggy Palmer suggested that in addition to including a list of fitness class changes in the “Let’s Get Fit” weekly email, we should also include an explanation of why the changes are necessary. Peggy provided a sample for Mgr. Sandomenico to consider.

7. Business Administration
   a. Consideration of minutes from prior Committee meeting
• Following review and discussion, Mary Ann (Max) McGee moved, and Peggy Palmer seconded, to approve the May 21, 2018 committee meeting minutes as amended.

8. New Business Requests and Comments
   a. Discussion with fitness class instructor Catherine Hatton: new classes? How to use Fitness on Demand?
• Ballet Barre class was popular in the past. Since the aerobics studio only has one bar, class size would be limited.
• Body Bar class suggested. Various weight bars are available.
• “Intro to Yoga” series of classes are planned for the fall. Goal would be to get participants comfortable with Yoga, so they can participate in the “regular” Yoga classes.
• Mgr. Sandomenico reviewed the fitness class schedule from 2015 for comparison to current fitness class offering.
• Some hand weights in the aerobics room have been replaced with color coded vinyl coated weight on trial basis.
• Considering installing new vertical stacking racks for hand weights.

b. Fitness survey: Review draft survey
• Discussion postponed

c. Pool issues
• Mgr. Sandomenico reported that new covers for the handicap chair lifts at the resort pool and spa have been ordered.
• Trash in the lap pool including material from the bell tower caused by birds. Food containers, plastic cups, knives and forks found between shrubs and fence around resort pool. Mgr. Sandomenico and staff will conduct periodic perimeter checks.

d. Fitness class schedule
• Fitness instructor Lauren Vines has decided to reduce her hours, which has reduced the number of fitness classes on Thursday and Friday. Mgr. Sandomenico said that by Fall he will get someone to teach Thursday and Friday fitness classes.
• Fitness on Demand (FOD) classes will be added to the schedule until a new instructor is hired.

e. Data for daily access to the gym, pool area, fitness classes, and tennis
• Pool usage in May: 82.5 people per day average
• Gym/workout room usage in May: 66.9 people per day average
• Tennis usage in May: 49.5 people per day average
• Fitness class participants in May: 18.3 people per day average

f. Walk-thru Fitness Center with schematic to review existing equipment and identify new equipment for 2019
• Committee members and Mgr. Sandomenico walked around the fitness center.
• Discussed get rid of the triceps and bicep machines, which are used infrequently. Other equipment is available to exercise those muscle groups.
• Reorganize some equipment during gym renovation.
• Expand stretching area.
• Goal is to have new rower machine installed during the gym renovation.

9. Adjournment
• Motion made and passed to adjourn at 4:20 pm.

Next committee meeting is July 16, 2018 at 2:00 pm.